

About this course

This course will prepare you for work in an aged care residential facility. It is the standard entry qualification for workers in this sector and it will introduce you to all aspects of a carer's role including personal care, well-being and help with daily activities.

People involved in this type of work need the physical capacity to deal with personal care and to be able to demonstrate genuine compassion and empathy towards others.



Career Options

Some of the roles this course will qualify you for:

- Nursing Assistant
- Community Care Worker
- Disability Service Officer
- Field Officer
- Personal Care Assistant

Course Structure

This course is made up of 14 units:
10 core units and 4 elective units

Core Units

CHCAC317A	Support older people to maintain their independence
CHCAC318B	Work effectively with older people
CHCAC319A	Provide support to people living with dementia
CHCCS411B	Work effectively in the community sector
CHCICS301A	Provide support to meet personal care needs
CHCICS302A	Participate in the implementation of individualised plans
CHCICS303A	Support individual health and emotional well being
CHCOHS312B	Follow safety procedures for direct care work
CHCPA301B	Deliver care services using a palliative approach
HLTAP301AB	Recognise healthy body systems in a health care context

Elective Units

HLTHIR403C	Work effectively with culturally diverse clients and co-workers
CHCAC417A	Implement interventions with older people at risk of falls
CHCMH301B	Work effectively in mental health
HLTIN301C	Comply with infection control policies and procedures in health work

Australian
Qualifications
Framework



NATIONALLY RECOGNISED
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Entry requirements

There are no formal entry requirements to study this course. The College will ask you to complete a form to give us some information about your professional background. Candidates may also need to complete a brief language assessment, if deemed necessary. We will assess this and we may ask you for further information to ensure that a distance program and the level are right for you.

Work experience

Please note that some of the assessment tasks in this unit relate directly to the work environment. For these units you will need verification from a workplace supervisor as evidence of competence. This means you will need to complete work experience for a minimum of 40 hours. You will need to make these arrangements yourself.

We suggest you start planning for work experience when you are ready to enrol in a course.

Please note that in order to work in any federally funded aged care service in Australia, you will need to undergo a criminal record check. You will be required to pay for any criminal checks that the College conducts on your behalf.

Delivery modes

Online learning means you complete the entire course using the online learning platform. The content is presented per unit – you simply find the right unit and start reading. It's like reading a book on your computer screen with images and pictures. When you finish a unit, you complete the assessment tasks, which are also done online. It's easy, fast and a great way to achieve a qualification.

Distance learning means you study using the textbooks that we mail to you. You work through the course materials at your own pace and return your completed assessments by mail. This method is designed for those who prefer the more traditional form of study using books in hard copy.

Blended learning

Many of our students prefer to mix the two – do the reading tasks using the textbooks but complete the assessments online. It's a practical approach to learning that offers great flexibility.

Classroom and Workplace-based learning

We also offer traineeships and classroom-based courses to individuals and workplaces. Contact us for more information on our workplace-based programs.

Assessment may include:

- Case studies
- Projects
- Demonstration of skills
- Practical activities
- Written & oral questioning
- On-the-job assessments

Duration

We suggest you complete this course within 12 months. Expect to study about 4 - 6 hours per unit.

Recognition

National College Australia recognises the skills and knowledge gained through previous studies and/or work experience. If you think you may be eligible for Recognition of Prior Learning (RPL), ask to speak to the Student Services Manager.

Course Fees

- The regular course fee is \$1800
- Pay upfront and receive a 10% discount - pay only \$1620
- Flexible payment plans are available - pay \$100 deposit and \$65.40 fortnightly or \$141.70 monthly for 12 months

Learning Pathways

Successful completion of this qualification could lead to advanced standing in

- Certificate IV in Aged Care
- Diploma of Community Services Coordination
- Selected Certificate III and IV qualifications in 08 Community Services Training Package

Additional information

This qualification is also available as a traineeship. If you have been in full-time employment for 3 months or part-time employment for 12 months with the same employer, you may be eligible to complete this course as a government funded trainee. Speak to your employer or ask to speak to our Student Services Manager.

About aged care

Aged care

Aged care is about working as carer in a residential aged care facility. It involves all aspects of a carer's role including personal care, general well-being and assistance with daily activities.

Day to day work

Under the supervision of registered nurses, the day to day duties of an aged care worker involves carrying out care plans that include bathing, showering, personal hygiene, toileting, respite, assistance in dressing & mobility, preparing meals and laundry work.

Personality/skills profile

The ideal candidate for the aged care industry is someone who:

- has great interpersonal skills and is able to get along well with people in general
- has a caring and supportive attitude towards others is flexible and able to work in environments with culturally diverse people
- can work well in a team and follow instructions

More information

- | | |
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| • Does this type of work include shift work ? | Yes |
| • Does it have flexible hours? | Yes |
| • Is there any travel involved? | Generally not |
| • Do I have to have a driver's licence and own my own car? | No |

Salary

Entry level workers in this industry usually earn around \$30,000 - \$35,000 per annum. Experienced workers earn around \$45,000 per annum.

Other courses at National College that will qualify you for work in this industry

- Certificate IV in Aged Care Work
- Certificate III & IV in Home and Community Care
- Certificate III & IV in Disability



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