

About This Course

This course will prepare you for work in disability care. This qualification is the standard entry qualification into a residential care facility or as a respite care worker in individual's homes or in the general community.

This type of work is about maintaining the personal care and daily activities of people living in community and/or residential facilities. It is designed to give you the skills and knowledge required to assist in behaviour support, individual health, emotional wellbeing, and community participation



Career Options

Some of the roles this course will qualify you for:

- Assistant in Nursing
- Disability Support Officer
- Personal Care Assistant
- Family Support Worker
- Community Access Coordinator

Course Structure

This course is made up of 14 units:
9 core units and 5 elective units.

Core Units

CHCCS411B	Work effectively in the community sector
CHCDIS301B	Work effectively with people with a disability
CHCDIS302A	Maintain an environment to empower people with disabilities
CHCDIS322A	Support community participation and inclusion
CHCDIS323A	Contribute to skill development and maintenance
CHCICS301A	Provide support to meet personal care needs
CHCICS302A	Participate in the implementation of individualised plans
CHCICS303A	Support individual health and emotional well being
CHCICS305A	Provide behaviour support in the context of individualised plans

Group A, OHS Elective

CHCOHS312B	Follow safety procedures for direct care work
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Elective Units

HLTHIR403C	Work effectively with culturally diverse clients and co-workers
CHCAD401D	Advocate for clients
CHCCOM403A	Use targeted communication skills to build relationships
CHCICS406A	Support client self-management



Entry requirements

There are no formal entry requirements to study this course. The College will ask you to complete a form to give us some information about your professional background. Candidates may also need to complete a brief language assessment, if deemed necessary. We will assess this and we may ask you for further information to ensure that a distance program and the level are right for you.

Work experience

Please note that some of the assessment tasks in this unit relate directly to the work environment. For these units you will need verification from a workplace supervisor as evidence of competence. This means you will need to complete work experience for a minimum of 40 hours. You will need to make these arrangements yourself.

We suggest you start planning for work experience when you are ready to enrol in a course.

Please note that in order to work in any federally funded aged care service in Australia, you will need to undergo a criminal record check. You will be required to pay for any criminal checks that the College conducts on your behalf.

Delivery modes

Online learning means you complete the entire course using the online learning platform. The content is presented per unit – you simply find the right unit and start reading. It's like reading a book on your computer screen with images and pictures. When you finish a unit, you complete the assessment tasks, which are also done online. It's easy, fast and a great way to achieve a qualification.

Distance learning means you study using the textbooks that we mail to you. You work through the course materials at your own pace and return your completed assessments by mail. This method is designed for those who prefer the more traditional form of study using books in hard copy.

Blended learning

Many of our students prefer to mix the two – do the reading tasks using the textbooks but complete the assessments online. It's a practical approach to learning that offers great flexibility.

Classroom and Workplace-based learning

We also offer traineeships and classroom-based courses to individuals and workplaces. Contact us for more information on our workplace-based programs

Assessment may include:

- Case studies
- Practical activities
- Projects
- Written & oral questioning
- Demonstration of skills
- On-the-job assessments

Duration

We suggest you complete this course within 12 months. Expect to study about 4 - 6 hours per unit.

Recognition

National College Australia recognises the skills and knowledge gained through previous studies and/or work experience. If you think you may be eligible for Recognition of Prior Learning (RPL), ask to speak to the Student Services Manager.

Course Fees

- The regular course fee is \$1800
- Pay upfront and receive a 10% discount – pay only \$1620
- Flexible payment plans available – pay \$100 and \$65.40 fortnightly or \$141.70 monthly for 12 months

Learning Pathways

Successful completion of this qualification could lead to advanced standing in

- Certificate IV in Disability
- Diploma of Disability
- Other Certificate IV and Diploma courses in Community Welfare Work, Mental Health, Disability and Alcohol and Other Drug

Additional information

This qualification is also available as a traineeship. If you have been in full-time employment for 3 months or part-time employment for 12 months with the same employer, you may be eligible to complete this course as a government funded trainee. Speak to your employer or ask to speak to our Student Services Manager.

About work in disability

Disability work

Disability work is about assisting people with intellectual and/or physical disabilities maintain their personal care and contribute in daily activities. It involves behavioural support, health issues, emotional well-being and community participation.

Disability workers usually work in a residential care facility or as a respite care worker in people's homes.

Day to day work

The day to day duties of a disability worker involves carrying out care plans that include bathing, showering, personal hygiene, toileting, assistance in dressing, and assistance in helping people contribute in social activities.

Personality/skills profile

The ideal candidate for the aged care industry is someone who:

- has great interpersonal skills and is able to get along well with people in general
- has a caring and supportive attitude towards others
- is flexible and able to work in environments with culturally diverse people
- can work well in a team and follow instructions

More information

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| • Does this type of work include shift work ? | <i>Possibly</i> |
| • Does it have flexible hours? | <i>Possibly</i> |
| • Is there any travel involved? | <i>Generally not</i> |
| • Do I have to have a driver's licence and own my own car? | <i>Generally not</i> |

Salary

Entry level workers in this industry usually earn around \$30,000 - \$35,000 per annum. Experienced workers earn around \$45,000 per annum.

Other courses at National College that will qualify you for work in this industry

- Certificate IV in Disability



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