

About this course

This course prepares you for work as a personal carer. It is designed to give you the skills and knowledge to assist people in maintaining their personal care and daily activities in their own homes or in a community setting.

Home and community care workers work in the community under regular supervision within clearly defined organisational guidelines and service plans.

People involved in this type of work need the physical capacity to deal with home and personal care. They also need to demonstrate genuine compassion and empathy towards others.



Career Options

Some of the roles this course will qualify you for:

- Personal Care Assistant
- Community Care Worker
- Disability Support Worker
- Home Care Worker
- Personal Care Worker
- Planned Activity Assistant

Course Structure

This course is made up of 14 units:
9 core units and 5 elective units.

Core Units

CHCAC318B	Work effectively with older people
CHCAC319A	Provide support to people living with dementia
CHCCS411B	Work effectively in the community sector
CHCDIS301B	Work effectively with people with a disability
CHCHC311B	Work effectively in a home and community care environment
CHCICS301A	Provide support to meet personal care needs
CHCICS302A	Participate in the implementation of individualised plans
CHCICS304B	Work effectively with carers
CHCOHS312B	Follow safety procedures for direct care work

Group A Elective

HLTHIR403C	Work effectively with culturally diverse clients and co-workers
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Elective Units

CHCAC317A	Support older people to maintain their independence
CHCCOM302C	Communicate appropriately with clients and colleagues
CHCMH301B	Work effectively in mental health
CHCCS400B	Work within a relevant legal and ethical framework

Australian
Qualifications
Framework




Entry requirements

There are no formal entry requirements to study this course. The College will ask you to complete a form to give us some information about your professional background. Candidates may also need to complete a brief language assessment, if deemed necessary. We will assess this and we may ask you for further information to ensure that a distance program and the level are right for you.

Work experience

Please note that some of the assessment tasks in this unit relate directly to the work environment. For these units you will need verification from a workplace supervisor as evidence of competence. This means you will need to complete work experience for a minimum of 40 hours. You will need to make these arrangements yourself.

We suggest you start planning for work experience when you are ready to enrol in a course.

Please note that in order to work in any federally funded aged care service in Australia, you will need to undergo a criminal record check. You will be required to pay for any criminal checks that the College conducts on your behalf.

Delivery modes

Online learning means you complete the entire course using the online learning platform. The content is presented per unit – you simply find the right unit and start reading. It's like reading a book on your computer screen with images and pictures. When you finish a unit, you complete the assessment tasks, which are also done online. It's easy, fast and a great way to achieve a qualification.

Distance learning means you study using the textbooks that we mail to you. You work through the course materials at your own pace and return your completed assessments by mail. This method is designed for those who prefer the more traditional form of study using books in hard copy.

Blended learning

Many of our students prefer to mix the two – do the reading tasks using the textbooks but complete the assessments online. It's a practical approach to learning that offers great flexibility.

Classroom and Workplace-based learning

We also offer traineeships and classroom-based courses to individuals and workplaces. Contact us for more information on our workplace-based programs.

Assessment may include:

- Case studies
- Practical activities
- Projects
- Written & oral questioning
- Demonstration of skills
- On-the-job assessments

Duration

We suggest you complete this course within 12 months. Expect to study about 4 - 6 hours per unit.

Recognition

National College Australia recognises the skills and knowledge gained through previous studies and/or work experience. If you think you may be eligible for Recognition of Prior Learning (RPL), ask to speak to the Student Services Manager.

Course Fees

- The regular course fee is \$1800
- Pay upfront and receive a 10% discount - pay only \$1620
- Flexible payment plans are available - pay \$100 deposit and \$65.40 fortnightly or \$141.70 monthly for 12 months

Learning Pathways

Successful completion of this qualification could lead to advanced standing in

- Certificate IV in Home and Community Care
- Diploma of Community Services Coordination
- Other Certificate IV and Diploma courses in Community Welfare Work, Mental Health, Disability, and Alcohol and Other Drug Work

Additional information

This qualification is also available as a traineeship. If you have been in full-time employment for 3 months or part-time employment for 12 months with the same employer, you may be eligible to complete this course as a government funded trainee. Speak to your employer or ask to speak to our Student Services Manager.

About home care

Home and community care

Home and community care work is about providing care for people who are still living in their own homes. It involves assisting people who still have some degree of independence but need some help with day to day tasks in personal care and domestic duties.

Day to day work

Under the supervision of program managers, the day to day duties of a home care worker involves personal care and/or domestic duties.

A typical day could include:

- bathing or showering
- preparing lunch
- vacuuming & dusting
- cleaning bathrooms
- paying bills for the client
- shopping or escorting clients to attend appointments

Personality/skills profile

The ideal candidate for the aged care industry is someone who:

- has great interpersonal skills and is able to get along well with people in general
- has a caring and supportive attitude towards others
- is flexible and able to work in environments with culturally diverse people
- is able to perform domestic duties efficiently
- can work well in a team and follow instructions

More information

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| • Does this type of work include shift work? | No |
| • Does it have flexible hours? | Yes |
| • Is there any travel involved? | Yes |
| • Do I have to have a driver's licence and own my own car? | Yes |

Salary

Home care workers usually earn around \$20 per hour plus travel and time allowance (this means you get paid for the time spent in travelling between clients homes and the kilometres you travel).

Other courses at National College that will qualify you for work in this industry

- Certificate IV in Home and Community Care



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